

# Fitness Instructor/Duty Manager

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## Essential Experience/Qualifications

NVQ Level II in Health and Fitness  
Demonstrable enthusiasm and passion for the role  
First class communication skills  
Customer service focused  
Team player

## Desirable Experience/Qualifications

Qualifications in Body Pump, Body Combat, Spin, Aerobics would be advantageous.

## Key Tasks & Responsibilities

- Deliver the highest standards of service through your positive attitude to the role.
- Provide an excellent induction process for members to help achieve their goals, thus improving retention.
- Ensure facilities are maintained to the highest standards at all times.
- Continually strive to improve your fitness knowledge
- Deliver excellent exercise programming and exercise workshops
- Teach a minimum of three classes a week.

## Job Purpose

As a Fitness Instructor you will be the main contact for new and existing members. It is imperative that we make a lasting impression every time and ensure that members leave the gym already looking forward to their next visit. You will be on hand to discuss and, at times, help members with their workout to ensure they are getting the best out of Xercise Health and Fitness.

## What we offer

- Competitive basic salary 12k-14k + Bonus
- Performance related pay
- National Vocational Qualification via on the job training (if required)
- Fully paid for PPL (music license)
- Fully paid REPS registration.

The Opportunity for a Duty Manager role is available for the right candidate

**Xercise Health & Fitness is committed to equal opportunities.**

If you are interested in the above position please send your C.V and covering letter to  
Scott Fenton.

Xercise Health & Fitness  
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